



# Omega Max

Several medical and scientific entities such as the American Heart Association have recognized the benefits associated with Omega-3 fatty acids from fish and recommend daily consumption of both EPA and DHA – the active ingredients found in Omega Max.\*



*Make it a part of your life\**

## Benefits

- Maintains healthy triglyceride levels that are already in the normal range and helps promote healthy neurological and cardiovascular systems\*
- Promotes healthy eyesight\*
- Helps fetal brain and nervous development during pregnancy\*
- Supports the immune system\*

## Product Features

Molecularly-distilled, highly-potent fish oil derived only from the bodies of small fish. Unlike most fish oil softgels available in the U.S. market, Omega Max is fully compliant with European Pharmacopeia standards– the only true “pharmaceutical standard” for fish oil.

## Key Ingredients

- **Eicosapentaenoic Acid (EPA)** supports the immune system and is a precursor to several beneficial prostaglandins.\*
- **Docosahexaenoic Acid (DHA)** is a vital component of cell membranes in the brain and eye. It is also necessary for optimal fetal development and is the most abundant form of omega-3 found in breast milk.\*

## Contraindications & Precautions

Keep out of the reach of children. Consult your physician before taking this product if you take blood thinning medications, or if you anticipate surgery.

## Directions For Use

Take two (2) to three (3) softgels daily, preferably with meals, or as recommended by a physician.

## References

B.J.Holub.“Clinical Nutrition:Omega-3 fatty acids in cardiovascular care.” *Canadian Medical Association Journal*, 2002, 166:608-15

Chua B, et al. “Dietary Fatty Acids and the 5-Year Incidence of Age-Related Maculopathy.” *Arch Ophthalmol*, 2006;124:981-986

Hornstra G. “Essential fatty acids in mothers and their neonates.” *Am J Clin Nutr*, 2000; 71 (suppl):1262S-1269S.

Kyle DJ, Schaefer E, Patton G, Beiser A. “Low serum docosahexaenoic acid is a significant risk factor for Alzheimer’s dementia.” *Lipids*, 1999; 34:S245.

Raper NR, Cronin FJ, Exler J. “Fatty acid content in the US food supply.” *J Am Coll Nutr*, 1992;11:304-8.

## More Information

[www.amerisciences.com](http://www.amerisciences.com)

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Suggested use:** Take two (2) softgels daily, preferably with meals, or as recommended by a physician.

Store product in a dry place at controlled room temperature (25° C / 77° F). Do not expose to excessive heat or moisture.

**Warning:** Keep out of the reach of children. Consult your physician before taking this product if you take blood thinning medications or if you anticipate surgery.

AmeriSciences formulations are manufactured to over-the-counter (OTC) pharmaceutical standards, guaranteeing the highest quality possible.

Manufactured for: AmeriSciences®  
Houston, TX 77055

OMEGA  
MAX

DIETARY SUPPLEMENT  
- 60 SOFTGELS -

AmeriSciences®

## Supplement Facts

Serving Size: 2 softgels

Servings per container: 30

	Amount per Serving	%DV*
Calories	20	
Calories from Fat	18	
Total Fat	2 g	3%†
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	0.5 g	**
Vitamin E (as d-alpha tocopherol)	4 IU	13%
Molecularly Distilled Fish Oil (derived from sardine, anchovy, mackerel)	2000 mg	**
Provides EPA (eicosapentaenoic acid)	720 mg	**
Provides DHA (docosahexaenoic acid)	480 mg	**
Total EPA & DHA Omega-3 Fatty Acids	1200 mg	**

\* % Daily Value

\*\* % Daily Value not established

† Percent Daily Values are based on a 2,000 calorie diet

**Other Ingredients:** Gelatin, purified water, glycerin, methacrylic acid copolymers, triacetin, triethyl citrate, hydroxypropyl methylcellulose, vanillin.

LOT:

BEST BY:



2021\*